Telling your story...
 Advocate Worksheet

Top Tips:
- Make it personal – Talk about who you are and what expertise you bring (as a person living with HIV, someone working in the field, a concerned community member).
- Don’t just complain – Offer solutions (what’s working, and what can be done better).
- Keep it short – to-the-point comments may have more impact!

Give an introduction:

Name:

Background info about me:

I would like to talk to you about...

The Ryan White program and HIV/AIDS services (insert your issue here).

This issue is important to me because (your story)...

If HIV/AIDS services are fully funded/supported these positive things will happen...

The consequences of cuts to HIV/AIDS services are.../ Without HIV/AIDS services...

What I am asking for:

Can I count on you to protect the Ryan White program and HIV/AIDS services in the 2015 budget? (Insert your ‘ask’ here)